

## Domestic Violence: Where to Get Help

### Where to go for more information or to find help.

If you are in an abusive relationship—or know someone who is—the following resources can help.

Domestic Violence Resources	Contact Information
<p><b>National Domestic Violence Hotline</b> For local domestic violence programs near you check the blue pages in your phone book under the heading of "Abuse/Assault."</p>	<p>Phone: (800) 799-7233 TTY: (800) 787-3224 Web: <a href="http://www.ndvh.org">www.ndvh.org</a></p>
<p><b>Pennsylvania Coalition Against Domestic Violence</b> Administrative offices of the statewide network of domestic violence services, information and referral during business hours.</p>	<p>Phone: (800) 932-4632 TTY: (800) 553-2508 Web: <a href="http://www.pcadv.org">www.pcadv.org</a></p>
<p><b>Pennsylvania Department of Health</b> Visit the Department of Health's Web site for domestic violence materials in English and Spanish. Click on "Pamphlets and Publications" for item numbers and an order form.</p>	<p>Phone: (877) PA-HEALTH Web: <a href="http://www.health.state.pa.us">www.health.state.pa.us</a></p>
<p><b>Domestic Violence Mental Health Policy Initiative</b> A project designed to address the unmet mental health needs of domestic violence survivors and their children.</p>	<p>Phone: (312) 726-7020 Web: <a href="http://www.dvmhpi.org">www.dvmhpi.org</a></p>
<p><b>Family Violence Prevention Fund's National Health Resource Center on Domestic Violence.</b> Technical assistance and downloadable documents and information are available on the Web site.</p>	<p>Phone: (888) Rx-ABUSE TTY: (800) 595-4889 Web: <a href="http://www.endabuse.org/health">www.endabuse.org/health</a></p>
<p><b>Pennsylvania Coalition Against Rape</b> Statewide network of sexual violence crisis centers for information, referral and resources.</p>	<p>Phone: (888) 772-PCAR Web: <a href="http://www.pcar.org">www.pcar.org</a></p>
<p><b>The Agency for Healthcare Quality and Research</b> The Agency for Healthcare Quality and Research has a downloadable evaluation tool that health care organizations can use to assess the quality and effectiveness of their domestic violence programs.</p>	<p>Web: <a href="http://www.ahrq.gov/research/domesticviol">www.ahrq.gov/research/domesticviol</a></p>

For more information or additional copies of this document please contact the Pennsylvania Medical Society's Member Services Department at (800) 228-7823.